

ZT Bully Pack

KEY ELEMENTS OF A SCHOOL BULLYING PREVENTION PROGRAM	Present in Submitted Program	Absent in Submitted Program	Comments
The program defines bullying.	x		Clearly defined in many aspects of the program
The program identifies different forms of bullying.	x		Verbal, emotional, physical, sexual forms of bullying are examined
The program addresses specific issues identified in schools.	x		The program addresses current issues in school settings including using texting devices to send bullying messages to others
The program focuses on healthy relationships, and explains the bullying dynamic.	x		The program examines topics such as leadership, communication, proper use of technology to help develop healthy relationships
The program includes training materials and guides for educators, students, parents, and school staff on the issue of bullying and on bullying prevention strategies.	x		Training materials include: Effective teaching and harnessing student attention; Enhancing communication skills with peers and students; Dealing with misbehaviour and threats; Bullying in the workplace; Rebuilding confidence and Recovering self-esteem; Overcoming stress and using it to your advantage and Beating fatigue; Enhancing and developing new leadership skills; Enriching the learning environment and involving the students; Discovering the Truth
The program takes a multi-faceted approach: <i>school-wide education</i> (targets the whole school community and is embedded in the curriculum); <i>routine interventions</i> (specifies strategies for students involved in bullying and victims of bullying); and <i>intensive interventions</i> (identifies supports for students involved in repeated bullying and victimization, with possible recourse to community/social service resources).	x		The program is multifaceted. The program looks at the bullying dynamic from elementary grades through to the senior grades and includes bullying in the workplace and the community. Topics involving adults include: Harassment and bullying in the workplace; Creating a Positive Work Environment; Harassment and Bullying; Workplace bullies target young workers
The intervention strategies address peer processes that can promote prevention and stop bullying.	x		Intervention strategies include reporting all cell phone numbers to the school office to help keep track of texting abuse
The program is <i>systemic</i> (it involves parents, peers, classes, staff, and the wider community), and is ongoing (it is integrated into daily classroom activities in reading, art, and other curriculum elements).	x		The program is systemic the entire community is addressed in this resource from students at a young age to parents and teachers within the community
The program includes interventions and support for students who are bullied and those who bully.	x		Interventions include: not confronting the bully in the same manner in which she or he is acting; ignoring the actions or the words of the bully; if the bullying is being carried out by email or mobile phone texting, do NOT reply to the messages but keep them as proof of the action when you report it to your teacher, staff member or parent; report all incidences
The program helps to develop protocols for safe reporting of bullying incidents.	x		See above
The program has an evaluation component.	x		Briefly covered
The program has safe intervention programs for bystanders.	x		Although not directly addressed the topic is covered
The program promotes a healthy social school environment.	x		A healthier school environment may be created by following the steps and information found in the resource
The program promotes development and/or improvement of students' social behaviour.	x		Through education of proper use of technology improved behaviour occurs